



*For immediate release: Thursday, 11<sup>th</sup> May 22.00*

## **FORTNUM & MASON FOOD AND DRINK AWARDS 2023**

### **WINNERS ANNOUNCED**

**Thursday 11<sup>th</sup> May:** Food and drink A-listers gathered tonight at The Royal Exchange in London, for the prestigious Fortnum & Mason Food and Drink Awards. The annual awards champion the achievements of the UK's current and emerging writers, publishers, photographers, broadcasters and personalities who encourage us to enjoy and discover more about food and drink through their work.

The ceremony was presented by new host, chef and broadcaster, Andi Oliver, alongside celebrated chef and Awards judging panel chair, Angela Hartnett OBE. The star-studded audience included Yotam Ottolenghi, Dame Mary Berry, Si King and Dave Myers (aka The Hairy Bikers), Matt Tebbutt, Asma Khan, Rick Stein, Ravneet Gill, Stanley Tucci and Claudia Roden.

The winners were selected by an independent panel of expert judges comprising some of the most talented figures in their fields: Clare Finney, Emma Inch, Honey Spencer, Jimi Famurewa, Joel Harrison and Tim Hayward.

Writer, *Felicity Cloake*, won **Food Book** of the year for **Red Sauce Brown Sauce** which follows her adventures, by bicycle, in a quest to uncover the great British breakfast. The judging team were wholehearted in their praise for the **Debut Food Book** winner, **Breadsong**. Father and daughter *Al & Kitty Tait* are behind the part memoir part cookbook which tells the redemptive story of Kitty's path from depressive withdrawal to finding the healing power of breadmaking.

A **Fortnum's Special Award** went to *Professor Tim Spector* for his pioneering work bringing the science of food to the widest readership. **Food for Life** draws on a decade of cutting-edge research to provide an empowering and insightful guide to how we should eat for our health and for the health of the planet.

A second **Fortnum's Special Award** went to legendary London chef *Jeremy Lee* for **COOKING: Simply and Well, for One or Many**. Lee has been one of the treasures of the UK restaurant scene for many years. His long-awaited book includes recipes, charming illustration and warm stories of a cook's life and inspirations.

Celebrating Jamaican culture, cuisine, and history, **West Winds** by *Riaz Phillips* won **Cookery Book** of the Year. **Debut Cookery Book** went to writer and restaurateur *Cynthia Shanmugalingam*, for **Rambutan**, her joy-filled love letter to Sri Lanka, with tender family stories of the island.

The **Drink Book** of the Year went to *Tom Morton* for **Holy Waters** which explores the links between faith and alcohol, spirits and the spiritual. **Debut Drink Book** winner is head brewer *Jaega Wise* for **Wild Brews**, an inspiring guide on how to brew beers at home using wild fermentation techniques.

Further winners include **Searching for Italy** for best **Programme** where Stanley Tucci travels across Italy to discover the secrets and delights of the country's regional cuisines. **Food Writer** went to Bee Wilson for her exceptional and poignant work in *FT Weekend Magazine*. Fliss Freeborn was awarded **Cookery Writer** of the year for her work in *Student Cuisine for the Gloomy Teen*. Kim Lightbody took home the **Photographer** award. **Drink Writer** went to Will Hawkes for his work in *Pellicle*, while Joanna Taylor received the **Restaurant Writer** award for work in *ES Magazine*. The **Audio** category was won by **Blasstal**, a podcast about food and folklore on the Isle of Man presented and produced by Lucy Dearlove and Katie Callin.

Saturday Kitchen's Matt Tebbutt presented *The Hairy Bikers* with the trophy for **Personalities of the Year** for the second year running. The **Digital Creator of the Year** went to Giuseppe Federici AKA @sepps\_eats whose millions of followers devour his plant-based content on TikTok and Instagram, many of which he films with his Nonna. Both categories are chosen by the public, allowing fans from across the country to vote for their favourite foodies.

## FOOD BOOK

**WINNER:** *Red Sauce Brown Sauce: A British Breakfast Odyssey* by Felicity Cloake, published by Mudlark, (HarperCollins)

**SHORTLIST:** *The Joy of Snacks* by Laura Goodman published by Headline Home

## DEBUT FOOD BOOK

**WINNER:** *Breadsong: How Baking Changed Our Lives* by Kitty & Al Tait, published by Bloomsbury

**SHORTLIST:** *A Portrait of British Cheese* by Angus D. Birditt, published by Quadrille

**SHORTLIST:** *Takeaway: Stories from a childhood behind the counter* by Angela Hui by Trapeze (Orion Publishing Group)

## COOKERY BOOK

**WINNER:** *West Winds: Recipes, history and tales from Jamaica* by Riaz Phillips, published by DK

**SHORTLIST:** *Home Food: Recipes to Comfort and Connect* by Olia Hercules, published by Bloomsbury

**SHORTLIST:** *Modern Pressure Cooking* by Catherine Phipps, published by Quadrille

## DEBUT COOKERY BOOK

**WINNER:** *Rambutan: Recipes from Sri Lanka* by Cynthia Shanmugalingam, published by Bloomsbury

**SHORTLIST:** *Hoppers: The Cookbook* by Karan Gokani, published by Quadrille

**SHORTLIST:** *MEZCLA* by Ixta Belfrage, published by Ebury Press

## DRINK BOOK

**WINNER:** *Holy Waters: Searching for the sacred in a glass* by Tom Morton, published by Watkins

**SHORTLIST:** *A Sense of Place: A journey around Scotland's whisky* by Dave Broom, published by Mitchell Beazley

**SHORTLIST:** *Clubland: How the Working Men's Club Shaped Britain* by Pete Brown, published by HarperNorth

## DEBUT DRINK BOOK

**WINNER:** *Wild Brews* by Jaega Wise, published by Kyle Books (Octopus)

**SHORTLIST:** *Cocktail Time!: The Ultimate Guide To Grown-Up Fun* by Paul Feig, published by William Morrow (HarperCollins)

**SHORTLIST:** *Watercress, Willow and Wine: A Celebration of Recipes and Wines from English Vineyards* by Cindy-Marie Harvey, published by Love Wine Food Books (Whitefox)

## COOKERY WRITER

**WINNER:** Fliss Freeborn for work on *Student Cuisine for the Gloomy Teen*

**SHORTLIST:** Ed Smith for work in *The Sunday Times* and *Waitrose FOOD Magazine*

**SHORTLIST:** Ravinder Bhogal for work in *FT Weekend Magazine*

## FOOD WRITER

**WINNER:** *Bee Wilson* for work in *The Guardian* and *FT Weekend Magazine*

**SHORTLIST:** *Caroline Eden* for work in *FT Weekend Magazine*

**SHORTLIST:** *Debora Robertson* for work in *delicious. Magazine*

## DRINK WRITER

**WINNER:** *Will Hawkes* for work in *Pellicle Magazine*

**SHORTLIST:** *Adam Wells* for work in *Cider Review* and *Pellicle Magazine*

**SHORTLIST:** *Molly Codyre* for work in *Foodism*

## RESTAURANT WRITER

**WINNER:** *Joanna Taylor* for work in *ES Magazine*

**SHORTLIST:** *Oliver Guy* for work on *Metropolitan Food Archives*

**SHORTLIST:** *Isaac Rangaswami* for work in *Vittles* and *Eater London*

## PROGRAMME

**WINNER:** *Searching for Italy presented by Stanley Tucci*, Production Company: RAW

**SHORTLIST:** *Big Zuu's Big Eats* presented by Big Zuu, Production Company: boom

**SHORTLIST:** *Nadiya's Everyday Baking*, presented by Nadiya Hussain, Production Company: Wall to Wall Media

## AUDIO

**WINNER:** *Blasstal*, A podcast by Lecker. Presented and produced by Lucy Dearlove and Katie Callin

**SHORTLIST:** *Off Menu with Ed Gamble and James Acaster*; Production Company: Plosive

**SHORTLIST:** *The Full English*, Presented by Lewis Bassett; Produced by Lewis Bassett and Forest DLG

## PHOTOGRAPHER

**WINNER:** *Kim Lightbody*

**SHORTLIST:** *Georgia Glynn-Smith*

**SHORTLIST:** *Jonathan Gregson*

**SHORTLIST:** *Tory McTernan*

## FORTNUM'S SPECIAL AWARD

**WINNER:** *COOKING: Simply and Well, for One or Many* by *Jeremy Lee*. Published by 4<sup>th</sup> Estate

## FORTNUM'S SPECIAL AWARD

**WINNER:** *Food for Life: The New Science of Eating Well* by *Tim Spector*. Published by Penguin Random House

## DIGITAL CREATOR OF THE YEAR

**WINNER:** *Giuseppe Federici* (AKA @Sepps\_eats)

## PERSONALITIES OF THE YEAR

**WINNER:** *Si King and Dave Myers* (AKA The Hairy Bikers)

Each winner is presented with a Trophy created by eco-parametric architects Mamou-Mani and an iconic Fortnum's hamper including a bottle of Fortnum & Mason Vintage Champagne.

For further information about the awards please visit:

<https://www.fortnumandmason.com/awards/food-and-drink-awards>

@fortnums #FandMAwards

- ENDS -



Media enquiries: [Fiona@fabcomm.co.uk](mailto:Fiona@fabcomm.co.uk) 07831 193250  
Awards enquiries: [Lindsay@fabcomm.co.uk](mailto:Lindsay@fabcomm.co.uk) 07730 565320



# FORTNUM & MASON

EST 1707

## ABOUT FORTNUM & MASON

Fortnum & Mason is essential for anyone in search of extraordinary food, joy-giving things, unforgettable experiences, and exceptional service. First founded in London in 1707 after Queen Anne gave her footman William Fortnum permission to sell on discarded candles from St James's Palace, Fortnum's has been privileged to enjoy a close relationship with the British Royal household ever since – holding several warrants throughout its history, including two from Her Late Majesty Queen Elizabeth II and His Majesty the King.

A London retail institution and pioneer in the hospitality sector, innovation has always been a central pillar at Fortnum's.

From inventing the Scotch Egg and providing supplies to the 1922 Everest expedition, to beekeeping in Piccadilly's rooftop hives and launching the Food & Drink Awards to celebrate people and talent, Fortnum's has been a trusted disruptor and authority in the food and drink space, at home and internationally, from the very beginning.

Every year, millions of people from around the world visit the Piccadilly flagship to enjoy Fortnum's famous Afternoon Tea and shop its extraordinary food, gift and fragrance halls. The iconic brand is celebrated for its teas, Scotch eggs, hand-made chocolates, and wicker hampers – each of which play a large part in its centuries of history – and today remains committed to imagination and discovery.

Proud of a storied past and innovating still, Fortnum's mission remains to make joy for every customer, whether shopping in-store or from around the world at the award-winning [www.fortnumandmason.com](http://www.fortnumandmason.com). Follow Fortnum & Mason on [Instagram](#), [Twitter](#) and [Facebook](#)